



**147,000+ WARRIORS | 37,200+ FAMILY MEMBERS | 44 NEW REGISTRANTS EACH DAY**

Wounded Warrior Project® (WWP) is transforming the way America's veterans are empowered, employed, and engaged in our communities. Our direct service programs focused on connection, independence, and mental, physical, and financial wellness create a 360-degree model of care and support. This holistic approach empowers warriors to create a life worth living and helps them build resilience, coping skills, and peer connection, which are known to reduce the risk of veteran suicide. The following statistics represent program activity and impact during the 2020 fiscal year (10.01.2019 - 09.30.2020).

**MENTAL HEALTH**

NEARLY 1/3 OF WARRIORS SAY THEY STRUGGLE TO GET THE MENTAL HEALTH CARE THEY NEED. WWP IS BRIDGING THAT GAP WITH ACCESSIBLE, INNOVATIVE CARE.

**50,000 +**

hours of PTSD treatment provided

RESULTING IN

**76%**

experiencing fewer PTSD symptoms



**21,400 +**

emotional support calls conducted with warriors and family members

RESULTING IN

**69%**

improving psychological well-being, increasing overall quality of life

AND

**62%**

becoming more resilient, a key factor in preventing suicidal ideation



**1,200 +**

participants in Project Odyssey®, a WWP mental health program that teaches coping skills through adventure-based activities and virtual sessions

**PHYSICAL HEALTH**

IMPROVED PHYSICAL WELL-BEING IN VETERANS IS ASSOCIATED WITH LOWER HEALTH CARE COSTS, FEWER DOCTOR VISITS, AND GREATER MENTAL HEALTH OUTCOMES.

Among warriors who participated in WWP physical health and wellness coaching:

**53%**

experienced an improvement in sleep quality

AND

**48%**

experienced a reduction in pain, reducing the interference of physical injuries on daily life



**55%**

improved psychological well-being, contributing to their mental health recovery

**INDEPENDENCE**

**190,000 +**

hours of in-home and local care provided to the most severely injured warriors, helping them reach and maintain a level of autonomy that would not otherwise be possible

**\$7.25 MILLION**

granted and invested in the caregiver relief initiative, supporting caregivers of the most severely injured warriors

**FINANCIAL WELLNESS**

WARRIORS WORKING FOR AN EMPLOYER THAT HAS AN AFFINITY GROUP OR MENTORSHIP PROGRAM FOR VETERANS ARE MORE THAN TWICE AS LIKELY TO BE TOTALLY SATISFIED WITH THEIR EMPLOYMENT.

**52,200 +**

career coaching services provided, including resume review, interview prep, and post-placement counseling

RESULTING IN

**1,850 +**

warriors and family members achieving meaningful employment with veteran-friendly employers



**\$142 MILLION**

economic impact of V.A. benefits claims filed by WWP

MAINTAINING A

**90%**

approval rate through FY20



**\$11 MILLION**  
IN COVID RELIEF FUNDS

to cover food and shelter expenses for over 11,000 warriors in financial crisis as a result of COVID-19

**CONNECTION**

VETERANS WITH GREATER SOCIAL SUPPORT HAVE MORE POSITIVE MENTAL HEALTH OUTCOMES, INCLUDING LOWER RATES OF SUICIDAL IDEATION.

**4,300 +**

virtual and in-person events, keeping warriors and their families connected and out of isolation

Among those who participated in these events:

**91%**

reported that they feel socially connected to their peers

AND

**89%**

said they have people they can depend on



**917**

warrior-only peer-to-peer support group meetings held



**92%**

of participants in WWP cycling-based connection events say they have greater self-confidence after participating in the event