Wounded Warrior Project® (WWP) is transforming the way America’s veterans are empowered, employed, and engaged in our communities. Our direct service programs focused on connection, independence, and mental, physical, and financial wellness create a 360-degree model of care and support. This holistic approach empowers warriors to create a life worth living and helps them build resilience, coping skills, and peer connection, which are known to reduce the risk of veteran suicide. The following statistics represent program activity and impact during the 2022 fiscal year (10.01.21 – 09.30.22).

### Mental Health

- **54,700 +** hours of treatment for PTSD, traumatic brain injury, substance use disorder, and military sexual trauma
  - **Provided to:** 1,300 + warriors and family members
  - **19,700 +** emotional support calls conducted with warriors and family members
  - **Resulting in:**
    - 73% experiencing an improvement in their mental and emotional health
    - 60% becoming more resilient, a key factor in preventing suicidal ideation
- **2,400 +** participants in Project Odyssey®, a WWP mental health program that teaches coping skills to improve resiliency

### Physical Health

- **58%** experienced an improvement in sleep quality
  - **Among warriors who participated in WWP physical health and wellness coaching:**
  - **50%** experienced a reduction in pain, reducing the interference of physical injuries on daily life
  - **73%** experienced an improvement in mobility
- **60%** experienced an improvement in their mental and emotional health, demonstrating the importance of physical health on mental well-being

### Financial Wellness

- **68,000 +** career coaching services provided, including resume review, interview prep, and post-placement counseling
  - **Resulting in:** 1,700 + warriors and family members achieving employment
- **$146.6 MILLION** economic impact of VA benefits claims filed by WWP
  - **With an 87% approval rate**
- **1,200 +** warrior-only peer-to-peer support group meetings held

### Independence

- **200,000 +** hours of in-home and local care provided to the most severely injured warriors, helping them reach and maintain a level of autonomy that would not otherwise be possible
- **1,500 +** participants in the WWP Financial Education program, which helps warriors build a strong financial foundation through resources like educational seminars and one-on-one counseling

### Connection

- **6,400 +** virtual and in-person events, keeping warriors and their families connected and out of isolation
  - **Among those who participated in these events:**
    - 97% reported that they feel socially connected to their peers
    - **95%** said they have people they can depend on
- **19,700 +** emotional support calls conducted with warriors and family members
  - **Resulting in:**
    - 73% experiencing an improvement in their mental and emotional health
    - 58% becoming more resilient, a key factor in preventing suicidal ideation
- **200,000 +** hours of in-home and local care provided to the most severely injured warriors, helping them reach and maintain a level of autonomy that would not otherwise be possible

*WWP 2022 Annual Warrior Survey*