

**"FOR A WHILE THERE, IT WAS LOOKING LIKE I WAS GOING TO BE A VEGETABLE MY WHOLE LIFE. I'M NOT INVINCIBLE, AND EVERYBODY HAS THEIR (PROBLEMS), BUT WHAT I'VE LEARNED IS I CAN'T GIVE UP."** **JOSH SOMMERS**



A DECADE OF SERVICE.



A LIFETIME OF COMMITMENT.

WE'RE COMMITTED TO WARRIORS. **FOREVER.**



**THANK YOU** FOR INVESTING YOUR  
TIME AND MONEY IN WARRIORS.  
YOUR SUPPORT MAKES EVERYTHING  
WE DO FOR THEM POSSIBLE.



**"Women are not just caregivers of warriors.  
We're warriors too."** MARY MCGRUFF



## THE WOUNDED WARRIOR PROJECT®

**(WWP) VISION** IS TO FOSTER THE MOST SUCCESSFUL, WELL-ADJUSTED GENERATION OF WOUNDED SERVICE MEMBERS IN OUR NATION'S HISTORY.

## WOUNDED WARRIOR PROJECT PROGRAMS

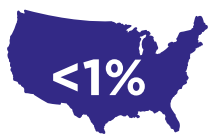
A DECADE AGO, WOUNDED WARRIOR PROJECT BEGAN WHEN SEVERAL VETERANS AND FRIENDS — MOVED BY THE STORIES OF THE FIRST WOUNDED SERVICE MEMBERS RETURNING HOME FROM AFGHANISTAN AND IRAQ — TOOK ACTION TO HELP OTHERS IN NEED. SINCE THEN, WE HAVE FOCUSED ON SERVING VETERANS AND SERVICE MEMBERS WHO INCURRED A PHYSICAL OR MENTAL INJURY, ILLNESS, OR WOUND COINCIDENT TO THEIR MILITARY SERVICE ON OR AFTER SEPTEMBER 11, 2001. TODAY, TENS OF THOUSANDS OF SERVICE MEMBERS AND THEIR FAMILIES RECEIVE SUPPORT THROUGH 19 FREE PROGRAMS FOCUSED ON ENGAGEMENT, MIND, BODY, AND ECONOMIC EMPOWERMENT.

\*The 2013 Annual Alumni survey was fielded via the web to 26,982 Alumni in the Wounded Warrior Project database for a period of six weeks. The final number of responses in 2013 was 12,956, or 51.9 percent of the possible respondents.





## ENGAGEMENT



**LESS THAN 1%**  
OF THE AMERICAN PUBLIC  
SERVES IN THE MILITARY.



**80.5%**  
OF WWP ALUMNI SURVEY  
RESPONDENTS HAVE A FRIEND  
WHO WAS SERIOUSLY WOUNDED  
OR KILLED DURING DEPLOYMENT.\*



SINCE 2001, APPROXIMATELY  
**2.5 MILLION**  
TROOPS HAVE BEEN DEPLOYED  
TO THE CURRENT CONFLICTS.



**56.7%**  
OF WWP ALUMNI SURVEY  
RESPONDENTS SAY TALKING  
WITH ANOTHER OIF/OEF VETERAN  
IS IN THEIR TOP THREE WAYS  
OF COPING WITH STRESS.\*

Wounded Warrior Project envisions a group of wounded service members receiving the support needed to overcome challenges in readjustment. WWP empowers Alumni to maintain healthy, meaningful relationships with their families, friends, and peers. The engagement programs help Alumni stay connected as their needs grow and evolve.

**ALUMNI, BENEFITS SERVICE, INTERNATIONAL SUPPORT,  
PEER SUPPORT, WWP PACKS, WWP RESOURCE CENTER**

### FY13 IMPACT

**43,000**

service members received WWP programmatic support in 2013. In 2017, WWP will actively serve nearly 100,000 warriors and their caregivers.

**3,773**

Peer Mentor visits were facilitated, and 468 new Peer Mentors were trained and certified.

**\$17.93  
MILLION**

in annual entitlement and \$9.97 million in retroactive benefits were secured by the WWP benefits team.



Keith Sekora and Chris Wolff, two warriors with different mental and physical injuries, have become lifelong friends through the WWP Peer Support program.



## MIND



AN ESTIMATED  
**400,000**  
SERVICE MEMBERS LIVE WITH  
INVISIBLE WOUNDS OF WAR,  
SUCH AS POST-TRAUMATIC STRESS  
DISORDER, TRAUMATIC BRAIN  
INJURY, OR MAJOR DEPRESSION.



**75.4%**  
OF WWP ALUMNI SURVEY  
RESPONDENTS SAY THEY'VE  
EXPERIENCED POST-TRAUMATIC  
STRESS FROM POST-9/11 SERVICE.\*



**40.7%**  
OF WWP ALUMNI SURVEY  
RESPONDENTS SAY "INCONSISTENT  
TREATMENT OR LAPSES IN  
TREATMENT" IS THE TOP REASON  
FOR DIFFICULTY GETTING  
MENTAL HEALTH CARE.\*



**39%**  
OF WWP ALUMNI SURVEY  
RESPONDENTS SAY THEY FELT  
DOWN, DEPRESSED, OR  
HOPELESS MORE THAN HALF  
OF THE DAYS OF THE WEEK.\*

Wounded Warrior Project will ensure warriors and families are well adjusted in mind by building upon the success of existing programs and designing new programs to empower Alumni to pursue life goals without the barriers and stigma associated with mental health issues.

**COMBAT STRESS RECOVERY PROGRAM, INDEPENDENCE  
PROGRAM, PROJECT ODYSSEY®, RESTORE WARRIORS®**

### FY13 IMPACT

**96%**

of warriors who attended Project Odyssey, an outdoor mental health retreat, say they will continue to seek out mental health support.

**56,182**

individuals accessed [restorewarriors.org](http://restorewarriors.org), an online mental health resource for warriors and families seeking information about coping with combat stress.

**100**

warriors and caregivers took part in the Independence Program in 2013, a pilot program that focuses on helping severely wounded service members with neurological or spinal cord injuries live life to the fullest on their own terms. In 2017, WWP will serve 1,150 warrior families through this program.



The WWP Independence Program is helping give Shane Parsons the support and tools he needs to define his own independence.





## BODY



**51,000**

SERVICE MEMBERS HAVE INCURRED PHYSICAL WOUNDS IN THE CURRENT CONFLICTS, INCLUDING SHRAPNEL WOUNDS, BURNS, AND AMPUTATIONS.



**82.8%**

OF WWP ALUMNI SURVEY RESPONDENTS ARE OVERWEIGHT OR OBESE, BASED ON THEIR REPORTED BODY MASS INDEXES (BMIs).\*



**37.7%**

OF WWP ALUMNI SURVEY RESPONDENTS REPORT THE TOP BARRIER FOR EXERCISING AND PHYSICAL ACTIVITY IS BEING UNCOMFORTABLE IN SOCIAL SITUATIONS.\*

Wounded Warrior Project will continue to develop successful, holistic programs and create new programs, utilizing technology and leveraging public awareness and advocacy resources, to maximize wounded service members' rehabilitation, physical health, and well-being, and enhance their quality of life.

### PHYSICAL HEALTH & WELLNESS, SOLDIER RIDE®

#### FY13 IMPACT

**93%**

of warriors said they sought out other sports and recreation opportunities in their home community after attending a WWP Physical Health & Wellness event.

**86%**

of warriors who participated in Soldier Ride developed new coping skills, such as greater self-esteem and self-confidence.

**5,808**

warriors and caregivers served through Physical Health & Wellness programs, including recreational sports, nutrition, counseling, and wellness events.



WWP Alumna Donna Pratt during Soldier Ride Chicago.



## ECONOMIC EMPOWERMENT



**39%**

OF WWP ALUMNI SURVEY RESPONDENTS CLAIM THEIR FINANCIAL STATUS IS WORSE NOW THAN IT WAS A YEAR AGO.\*



**29.7%**

OF WWP ALUMNI SURVEY RESPONDENTS SAY MENTAL HEALTH ISSUES ARE THE NUMBER ONE FACTOR MAKING IT DIFFICULT TO OBTAIN EMPLOYMENT.\*



**17.8%**

UNEMPLOYMENT RATE IN THE LABOR FORCE OF SURVEYED WWP ALUMNI.\*

Through continued program development, innovative technological use, and leveraging advocacy resources, Wounded Warrior Project will economically empower wounded service members. The years ahead will be met with equal dedication, increased fervor, and unparalleled commitment to the long-term financial stability of this generation of wounded service members and caregivers.

### EDUCATION SERVICES, TRACK™, TRANSITION TRAINING ACADEMY™, WARRIORS TO WORK™

#### FY13 IMPACT

**100%**

of wounded service members successfully passed coursework, learning valuable skills for careers in information technology.

**88%**

cumulative graduation rate for TRACK, the first whole-life approach to education for warriors and families.

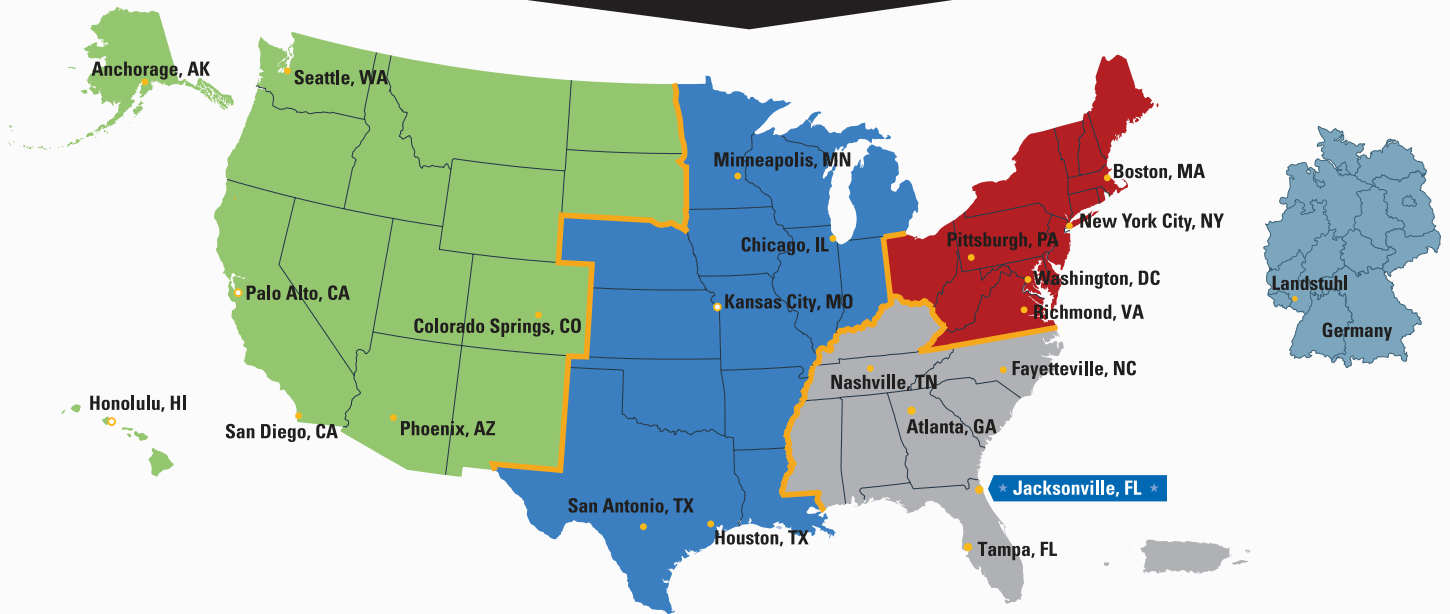
**\$41,053**

average earnings from full-time work (excluding VA and other benefits) for warriors enrolled in the Warriors to Work program.



Current TRACK students studying for their next college exam. 84% of students stay enrolled in school a year after graduating from TRACK.

# WWP SERVICE CENTERS



## BREAKDOWN BY REGION ALUMNI | FAMILY MEMBERS NUMBERS AS OF SEPTEMBER 1, 2014

WEST	CENTRAL	NORTHEAST	SOUTHEAST	EUROPE	BLANK*
13,571   1,999	14,339   2,005	12,286   1,402	14,892   2,381	681   20	674   113

\*address unknown

**ATLANTA**  
GEORGIA

**BOSTON**  
MASSACHUSETTS

**CHICAGO**  
ILLINOIS

**COLORADO SPRINGS**  
COLORADO

**FAYETTEVILLE**  
NORTH CAROLINA

**HONOLULU**  
HAWAII\*

**HOUSTON**  
TEXAS

★ **JACKSONVILLE**  
FLORIDA  
**HOME BASE**

**KANSAS CITY**  
MISSOURI\*

**LANDSTUHL**  
GERMANY

**NASHVILLE**  
TENNESSEE

**NEW YORK**  
NEW YORK

**PALO ALTO**  
CALIFORNIA\*

**PHOENIX**  
ARIZONA

**PITTSBURGH**  
PENNSYLVANIA

**SAN ANTONIO**  
TEXAS

**SAN DIEGO**  
CALIFORNIA

**SEATTLE**  
WASHINGTON

**TAMPA**  
FLORIDA

**WASHINGTON**  
DISTRICT OF COLUMBIA

**ANCHORAGE TEAM**  
**MINNEAPOLIS TEAM**  
**RICHMOND TEAM**

\*FUTURE LOCATION

## WE NEED YOUR SUPPORT TO HONOR THIS LIFELONG COMMITMENT

to the men and women who have selflessly given so much. They paid their dues on the battlefield. They shouldn't have to pay for programs and services to help them adjust to their new normal and for the rest of their lives.

Wounded Warrior Project will continue to care for the selfless servicemen and women who put themselves in harm's way. It is the duty of the American public to support and stand behind these warriors.

## MAKE A POSITIVE, LASTING IMPACT.

### FOR MORE INFORMATION

please call 877.TEAM.WWP (832.6997)  
or visit [woundedwarriorproject.org](http://woundedwarriorproject.org)

## A DECADE OF SERVICE.



A LIFETIME OF COMMITMENT.

4899 Belfort Road, Suite 300  
Jacksonville, Florida 32256

SHARE YOUR STORY

WWP10.ORG



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