Wounded Warrior Project® (WWP) is transforming the way America’s veterans are empowered, employed, and engaged in our communities. Our direct service programs focused on connection, independence, and mental, physical, and financial wellness create a 360-degree model of care and support. This holistic approach empowers warriors to create a life worth living and helps them build resilience, coping skills, and peer connection, which are known to reduce the risk of veteran suicide. The following statistics represent program activity and impact during the 2023 fiscal year (10.01.22 – 09.30.23).

**MENTAL HEALTH**

About three in four WWP warriors report mental health challenges like PTSD, anxiety, and depression.* WWP ensures they never have to face these challenges alone.

- 66,300+ hours of treatment for PTSD, traumatic brain injury, substance use disorder, and military sexual trauma
  provided to
- 3,500+ warriors and family members

- 19,500+ emotional support calls conducted with warriors and family members
  resulting in
- 69% experiencing an improvement in their mental and emotional health
  and
- 55% becoming more resilient, a key factor in preventing suicidal ideation

- 9,800+ warriors and family members were connected to mental health programs or services through WWP

**PHYSICAL HEALTH**

Poor sleep and chronic pain are top issues among WWP warriors.* Our programs are designed to help them sleep better and get back to enjoying life.

Among warriors who participated in WWP Physical Health and Wellness coaching:

- 51% experienced an improvement in sleep quality
  and
- 45% experienced a reduction in pain, reducing the interference of physical injuries on daily life
  and
- 66% experienced an improvement in mobility

**FINANCIAL WELLNESS**

WWP warriors face higher rates of unemployment and financial distress than the general population.* WWP’s financial wellness programs empower them to overcome these obstacles.

- 63,800+ career coaching services provided, including resume review, interview prep, and post-placement counseling
  resulting in
- 1,500+ warriors and family members achieving employment

- $175.7M economic impact of VA benefits claims secured by WWP
  with a
- 85% approval rate

**CONNECTION**

WWP found social support to be a protective factor against suicidal ideation among WWP warriors.* Our programs and events help keep warriors connected and out of isolation.

- 4,400+ virtual and in-person events, keeping warriors and their families connected and out of isolation
  among those who participated in these events:
- 96% reported that they feel socially connected to their peers
  and
- 95% said they have people they can depend on

- 2,100+ warrior-only peer-to-peer support group meetings held

**INDEPENDENCE**

- 241,800+ hours of in-home and local care provided to the most severely injured warriors, helping them live more independent lives for as long as possible

* WWP 2022 Annual Warrior Survey